

Update Your Driver Savvy and Smarts!

AARP Safe Driver Training: Monday, July 24th

- ▶ Do you know which research-based strategies make us safer drivers as older adults?
- ▶ At what age does our risk of fatal crashes as older drivers increase sharply?
- ▶ Have you heard about the few simple exercises that will keep you more flexible and may make driving easier?
- ▶ Are you aware that the District mandates a car insurance discount for taking a safe driver course?

Capitol Hill Village is hosting an AARP Safe Driver training to refresh participants' knowledge of traffic hazards, specific driving practices that reduce the risk of crashes, and why it's important to learn how aging affects our driving experience. Even if you took the CHV-sponsored AARP Safe Driver course some years ago, there are sure to be new things for you to learn.

The program will be held at the Hill Center, with lunch provided. Those completing the class receive an AARP Safe Driver certificate, your ticket to a discount on your car insurance and the confidence that you're up to date on how to be the safest possible driver, now and in the future.

To participate, sign up by Thursday, July 20th at 3pm by calling the office at 202-543-1778 or emailing info@capitolhillvillage.org. The cost is \$15 for AARP members or \$20 for non-members. Reservations are required and space is limited. While there is no test at the end of the training, you must attend the full program to receive the Safe Driver certificate.

Encourage a friend to join you for the class! Contact Heather Foote, CHV Transportation Outreach Manager, for further information: hfoote@capitolhillvillage.org or 202-543-1778, ext. 109.



Signup deadline: Call or email the office by 3 pm, Thursday, July 20

AARP
Driver Safety

Class date: Monday, July 24th, 9:00am – 3:00pm

Hill Center, 921 Pennsylvania Ave SE

\$15 for AARP members (\$20 for non-members) payable only by check to "AARP." Bring the check and proof of AARP membership with you to the class.